

4th State Conference of
Academy of Family Physicians of India
Kerala Chapter

AFPICON KERALA 2020

Venue:  *Sargaalaya*
KERALA ARTS & CRAFTS VILLAGE IRINGAL

Iringal, Vadakara, Kozhikode

2020

January 18th and 19th



Dear friends,

It gives us immense pleasure to announce the 4th state conference of Academy of Family Physicians of India (AFPI), Kerala chapter, AFPICON 2020. The conference will be held on the 18th & 19th of January 2020 at Sargaalaya arts & crafts village, a picturesque locale near Vadakara in north Kerala's Kozhikode district. Primary care and the practice of Family Medicine have to be scientific and systematic. And therefore, the theme for the conference will be "Evidence based primary care & changing concepts". Do keep your dates blocked for the event. See you all at Kozhikode!

Dr Anand K

Organizing Chairperson

Organizers

Organizing Chairperson: Dr Anand K +919895467774

Organizing Secretary: Dr Deepak P +919497145889

Event Treasurer: Dr Abdul Rasik

President, AFPI Kerala: Dr Resmi S Kaimal

Secretary, AFPI Kerala: Dr Serin Kuriakose

18.01.2020 - Workshops

19.01.2020 - Scientific Sessions



Day-1 (18.01.2020) Workshops			
Hall A			
Time	Session	Lead	Synopsis
09:30 AM to 12:30 PM	<i>Psychological interventions in primary care</i>	Dr Shobha P Dr Anoop K.J Dr.Sangeetha S Mrs. Divya Ajay	The mind matters! When the mind wanders, often, so does the body. And when the mind and body suffer, so does social life. Who better to understand and take care of all these, in harmony, other than your friendly family doctor? Stay calm. Listen to the discussion on psychological interventions in primary care.
01:30 PM to 04:30 PM	<i>Literature search in clinical research</i>	Mrs.Vasumathi Sriganesh CEO and Founder QMed Knowledge Foundation	. When in doubt, dive into literature and seek clarity; when certain, share the facts- This has always been the modus operandi for the conscientious practitioner of medical science. To catch up and keep up with this tradition, learn the basics of literature search relevant to clinical practice and research from Mrs.Vasumathi Sriganesh- one of the global authorities in the arena. A must-attend for PGs!
Hall B			
09:30 AM to 12:30 PM	<i>ENT skills in primary care</i>	Dr Javid Risvan Dr.Deepak P	A nose bleed here, a foreign body there, and someone with vertigo elsewhere. Fret not, learn to manage most of them yourself. Drs. Javid, Deepak and team will guide you on the necessary ENT skills in primary care.
01:30 PM to 04:30 PM	<i>Surgical procedures in general practice</i>	Dr.Serin Kuriakose Dr Krishnakumar P.M Dr.Kailas P Dr.Safeer A	A stitch in time usually saves nine. At times, an abscess drained at the right time is a patient saved. Give up the hands-off approach; learn about some common surgical procedures that you can apply in your general practice.



Day-2 (19.01.2020) Scientific Sessions			
Hall A			
09:00 AM to 09:30 AM	<i>Migrants, travellers, and emerging diseases: An update</i>	Dr.Balagopal P.O. MBBS ,DNB (FamilyMedicine) Assistant Surgeon Family Health Centre Munderi,Kannur	The ‘outsiders’ moving in and the ‘insiders’ moving out- are we also translocating cargos of bugs? Dr. Balagopal talks about new emerging diseases relevant to migrants and travellers.
09:30 AM to 10:00 AM	<i>Clinical skills in primary care: Mastering the basics</i>	Dr. P.K. Sasidharan, Emeritus Professor Family Medicine Govt.Medical College,Calicut	In the clinic, you should be a master of clinical skills. Here's Prof. P.K.Sasidharan, the Master Clinician, to guide us about clinical skills in primary care.
10:00 AM to 10:30 AM	<i>Evaluation and management of infertility: Role of primary care physician</i>	Dr.Indhu Rajeev MBBS,DNB(Family Medicine) FICM Consultant Family Physician Vijayalakshmi Medical Centre, Kochi	“No issue” is no longer a big issue! Dr.Indhu Rajiv shares her wisdom on the role of the primary care physician in evaluation of infertility.
10:30 AM to 11:30 AM INAUGURATION			
11:30 AM to 12 Noon	<i>Transgenders as patients: Are we equipped to treat?</i>	Dr.SujaSukumar MBBS, MD (Internal Medicine) DM (Endocrinology) Consultant Endocrinologist Renai Medicity, Ernakulam	Nara-nari, Yin-yang: the spiritual binary is in all of us. But when it is a physical-mental clash, it's a challenge. Is it easy to treat the transgender?An expert, Dr.Suja Sukumar, guides us on how to go about it.
12 Noon to 12.30 PM	<i>Diabetic foot management: Evidence based approach</i>	Dr.Roshni M MBBS, DNB FM, MRCGP (Intl) DFID Assistant Professor Family Medicine, DM WIMS Medical College, Wayanad	Diabetes, my foot! How to put one's best foot forward to save diabetic limbs and lives? Dr. Roshni M takes us through the path.
12.30 PM to 01.00 PM	<i>Adolescent Health: Role of a Family Physician</i>	Dr. Ally Plackal J. MBBS, DNB (FM), Assistant Surgeon, Government Mental Health Centre, Thrissur	Adolescent angst and teenage troubles - we have all been there, done that. But let it not be as difficult for the next gen, says Dr. Ally Plackal in her talk on the role of GP in adolescent health.
01:00 PM. to 02:00 PM LUNCH			
02.00 PM to 02.30 PM	<i>Disaster management: Lessons from recent experiences</i>	Dr.Anand K DNB Family Medicine Assistant Surgeon, Kannur,Kerala Health Services	Our small modern world goes through regular anthropogenic apocalypses; disaster-preparedness is a vital survival tool. Dr. Anand draws on his recent experiences to guide you on Disaster Management.
02.30 PM to 03.00 PM	<i>Geriatrics in Family practice: Ensuring comprehensive care</i>	Dr.Dhanya S Pillai MBBS, DNB (FM), PGDG Consultant Family Physician SP Fort Hospital Trivandrum	How old are you? Doesn’t matter; 80 is the new 60! But still, there are some issues that need attention. Learn about these from Dr. Dhanya S. Pillai as she speaks about ensuring comprehensive geriatric care.
03.00 PM to 03.30 PM	<i>Fad diets: What the Family Physician should know</i>	Dr.Bijayraj R MBBS, DNB Family Medicine, MRCGP (Intl) Consultant Family Physician Department Of Family Medicine, Meitra Hospital, Calicut	Keto, naturo, papaya leaf, passion fruit, kiwi, jackfruit, pomegranate, guava leaves, tamarind juice. Every year, a new food fad runs amok in Kerala. To eat or not to eat- that is the question. Dr Bijayraj shares what he has discovered so far- and how a primary care Physician can help people steer through these culinary confusions.
03.30 PM to 04.00 PM	<i>Finished Family Medicine Postgraduation: What Next..?</i>	Dr.Resmi S.Kaimal MBBS, DNB Family Medicine Consultant Family Physician Department Of Family Medicine Lourdes Hospital, Kochi	The future beckons the fresh FM PG! Bright or bleak, rosy or rocky? What lies ahead? There is no one more apt to reassure the new-gen than Dr. Resmi. Don’t miss this!
04.00 PM to 04.30 PM Valedictory Function			

Day-2 (19.01.2020) Scientific Sessions

Hall B

09:30 AM to 10:00 AM	<i>Common dermatological conditions : A primary care perspective</i>	Dr.Pawan Wagle MBBS, DNB FamilyMedicine, MRCGP(Intl.) Consultant Family Physician KIMS Hospital, Trivandrum	Mild itching and scratching may be primal and pleasurable. But it's no longer so when it starts getting under your skin. Here's a primary care perspective on managing common skin conditions by Dr. Pawan Wagle.
10:00 AM to 10:30 AM	<i>Recurrent UTI : Is urine culture the dead-end?</i>	Dr.Bijoy Mathew MBBS, MD Family Medicine Assistant Surgeon, FHC Alakkode, Therthally, Kannur	When the piss burns things on its way out, there's usually an infection. But will the culprits always reveal themselves when sought? Dr. Bijoy tells us how to navigate through the dead ends.
11:30 AM to 12 noon	<i>Poisoning-Do's and Don'ts: Evidence-based practice</i>	Dr.Nisanth Menon MBBS, PGDFM, MD Emergency Medicine Assistant Professor, Dept of Emergency Medicine Amala Institute of Medical Science,Thrissur	Do you remove an ingested poison? Or neutralize it? Or just treat the symptoms? Or do nothing and wait? Or refer to the nearest tertiary centre? Let's listen to Dr. Nisanth as he clears the air on the do's and don'ts of poisoning in primary care.
12.00 noon to 12.30 PM	<i>Commons sports injuries: Management at the first contact point</i>	Dr. Sherwin Sheriff M.B.B.S., PG Dip.in Sports Medicine, AFC Fellowship in Football Medicine(Hong Kong), FIFA Dip. In Football Medicine Sports Medicine Specialist Govt Medical College, Calicut Team doctor, Indian men's football team.	Work hard, play hard: It's a good philosophy. But when the play hurts, the pain and the strain put an end to both, work and play. Most common sports injuries can be managed at the first contact point, says our national football team doctor, Dr. Sherwin Sheriff.
12.30 PM to 01.00 PM	<i>Legal issues in clinical practice: How do we tackle them?</i>	Dr. Bhaumesh Rajdev MBB, DNB (Family Medicine), MD (Forensic Medicine) Consultant Family Physician Shrine hospital, Surat. Ex- Assistant Professor, Forensic Medicine, GMC Surat.	The bugbear of modern medical practitioners - litigation! It can strike any of us, at any time. How do we keep this bugbear chained? Dr. Bhaumesh the specialist in both the FMs (Family Medicine and Forensic Medicine) will teach us how.
02.00 PM. to 03.00 PM QUIZ FINALS			
03.00 PM to 04.00 PM	<i>Abnormal investigation reports- To treat or not to treat: Current evidence.</i>	Dr. Arunima Dev MBBS, MD Family Medicine Assistant Surgeon, CHC Iriverry, Kannur.	The Americans seem to have got it right on one thing: don't fix what ain't broken. The symptoms and signs may indicate one thing, and abnormal investigation reports may indicate another. Which reports deserve to be acted on? Dr. Arunima explains about the current evidence on LFT and TFT report interpretations.
		Dr. Mallikarjuna Reddy Somala MBBS, DNB Family Medicine Consultant Family Physician Devamatha Hospital, Koratty, Thrissur	Is your patient "gouty" or "fatty"? Interpret uric acid and lipids reports correctly. Dr. Mallikarjuna Reddy Somala covers these two commonly encountered areas.

Registration

Fee details (₹)

Category		Conference			Work shop
		Till 15.10.19	Till 31.12.19	Spot	
AFPI Member	Specialist/GP	1750	2250	3000	1750
	PG student	1250	1750		
Non-AFPI Member	Specialist/GP	2000	2500		
	PG student	1750	2250		
Interns/Paramedics/ Undergraduates Accompanying person		750	750	1000	

Limited seats for the workshop

Account details

A/C Name	ACADEMY OF FAMILY PHYSICIANS OF INDIA KERALA CHAPTER
A/C No.	50200027483042
Bank	HDFC, Panampilly Nagar, Kochi
IFSC	HDFC0003845

Payment methods

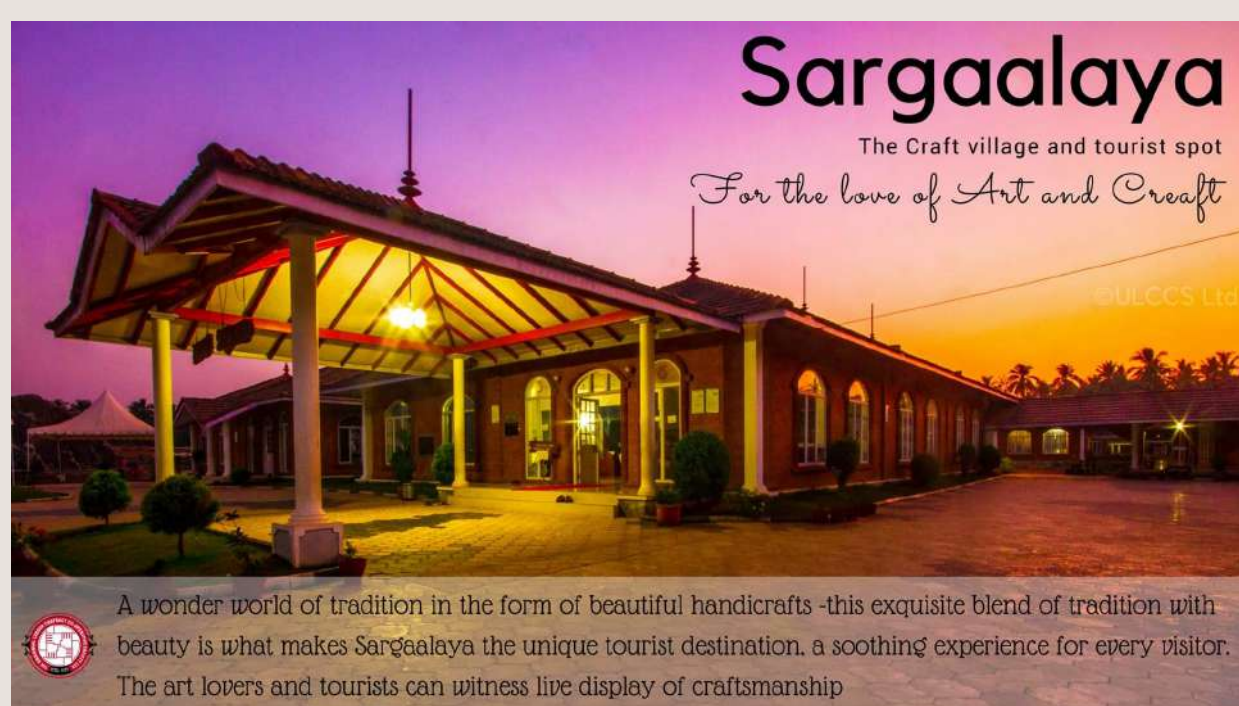
Option 1	Transfer registration fee to account via IMPS/NEFT and fill the form at AFPICON KERALA 2020 website: http://afpicon2020.afpikerala.in
Option 2	Online Payment Gateway - Visit AFPICON KERALA 2020 Website: http://afpicon2020.afpikerala.in and register online

For registration, abstract submission,
accommodation and other details
visit

<http://afpicon2020.afpikerala.in>

Tourist attractions

*Craft village & boating
Kolavi beach
Turtle conservatory
Kunjali Maraihar memorial
& many more*



Distance to the venue

Vadakara railway station (**BDJ**)– 5.8 km
Thalassery railway station (**TLY**)– 28 km
Kozhikode railway station (**CLT**)– 44 km
Kannur international airport (**CNN**)– 52 km
Kozhikode international airport (**CCJ**)– 66 km

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Limited accommodation facilities-**A/C dormitory** and few **delux rooms** are available at the venue through organizers only
For details about venue accommodation,
contact **Dr Prashob N** +919496342077